

DDS Southeast Region  
Learning and Development



Training and  
Educational Resources  
Guide

*In the following pages, you will find a variety of training opportunities, support groups and other resources available to individuals with disabilities, agencies, families and provider staff. Please share this resource!*

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Welcome to the Commonwealth of Massachusetts  
Department of Developmental Services  
DDS Learning Website

## DDSLEARNING.COM



**Please use google chrome as your browser**

Welcome to DDS Learning!!! This website is for staff, provider employees, families, and people receiving services from the Massachusetts Department of Developmental Services (DDS). It is developed and managed in collaboration with the University of Massachusetts Donahue Institute (UMDI). Our goal is to build a central, accessible, and useful tool that can assist people to locate and participate in learning opportunities throughout the Commonwealth.

Please take advantage of this wonderful learning tool! There are many learning opportunities right at your fingertips! From Positive Behavioral Supports to Acquired Brain Injury there are resources readily available to support your learning and that of your team. Webinars, power point presentations, and the training schedules for classes offered across the state can be easily located. Make full use of the menu tabs on the left side—be sure to open each one for even more learning!!



# **ARE YOU LOOKING FOR ON-SITE WATER SAFETY TRAINERS TO COME TO YOUR AGENCY?**

**Contact:**

**Well Adapted Water Safety Training**

**Email: [welladaptedtrainings@gmail.com](mailto:welladaptedtrainings@gmail.com)**

**Well Adapted is an approved vendor for the Commonwealth specializing in on-site water safety trainings for human service professionals. We offer 11 years of direct human service experience working with swimmers of varying abilities combined with 15 years of water safety experience for special populations including the developmentally disabled, autistic, visually/hearing impaired, swimmers with traumatic brain injury and physical disabilities. Our two hour training meets the DDS Water Safety training requirement for agencies attending lifeguarded locations.**

## **BENEFITS OF ON-SITE TRAINING?**

- Cost effective to train staff all at once.**
- Reduces agency costs by eliminating employee travel which adds up!**
  - Training can be tailored to your agency needs.**
- Pick a time that works for YOU! We train on Mondays anytime!**
  - Staff only need to take it once-it is a one and done!**

**We train on-site for an agency minimum of \*15 employees.**

*(\*You can invite other agencies to meet the minimum number.)*

**Cost per person varies based on where your agency is located.**

*South Shore of MA: \$40 per person (minimum 15 people)*



# EXPLORE– PREPARE– ACT

## Finding the Job You Want

Explore-Prepare-Act was developed in response to concerns raised by self-advocates who were not getting the help they needed to find a job that they wanted. Individuals wanted to better understand the process of finding a job so that they could take action themselves and better access supports that would help them achieve their goals.

Explore-Prepare-Act consists of a video as well as a training curriculum that has been developed by self-advocates in partnership with the Institute for Community Inclusion, the Massachusetts Department of Developmental Services and the Massachusetts Advocates Standing Strong.

This three hour curriculum, presented by self-advocates for self-advocates, provides an overview of the basic steps involved in finding a job with an emphasis on understanding oneself and the community, development of job seeking skills, and taking steps to find a job. The training, designed for individuals interested in learning more about work, includes presentations, discussion, videos clips and small group activities, and is limited to 12 participants. Support staff are welcome to attend as well. Currently funded by the Massachusetts Rehabilitation Commission and the Massachusetts Department of Developmental Services, this training is currently offered free of charge throughout Massachusetts.

**For more information about the training curriculum visit:**

<https://www.wearemass.org/trainings>



This curriculum was developed with support from Work Without Limits, a Massachusetts Disability Employment Initiative funded by the Centers for Medicare and Medicaid Services (CFDA No. 93.768).



# **AWARENESS & ACTION**

## **TRAINING**

This **FREE** training, taught by persons with disabilities and others, is designed to educate persons with disabilities and others about recognizing, reporting and responding to abuse.

If you are interested in having an Awareness & Action Training at your organization, visit:

<https://www.wearemass.org/trainings>

*The training is three hours long, intended for everyone, and limited to 20 people.*



# Food for Health

## Nutrition Training Workshop

In the fall of 2009, Governor Deval Patrick signed an Executive Order requiring state agencies to follow the EO509 Nutrition Standards, ensuring healthy meals and snacks are provided to their clients and patients. This in-person training workshop is taught by a registered dietitian and is intended for any employees or staff that provide or purchase food for their agencies.

- Learn about the EO509 requirements through the Food for Health lessons and modules.
- Food for Health lessons are taught using PowerPoint slides and engaging activities.
- Bonus information can be provided, if applicable to the agency, regarding how the EO509 standards can be applied to healthy vending, meetings, and events in the workplace.



This workshop can be hosted right at your agency, *free of charge!*

To schedule a training, please contact Lisa Lombardini at [llombardini@framingham.edu](mailto:llombardini@framingham.edu)



# VISITING REHAB AND NURSING SERVICES

## vrnsEDU

a division of VRNS, provides-demand educational series and clinical tools. The on-demand educational series are geared towards nurses and direct care staff/caregivers who work directly with individuals with acquired brain injuries (ABI), intellectual disabilities (ID), and complex neurological conditions. The clinical tools are resources that allow the nurses and direct care staff/caregivers to identify interventions and promote optimal outcomes.

Visit <https://www.vrnshh.com/vrnstedu> for more information.

Contact:

125 High Street, Suite 204

Mansfield, MA 02048

P: (877) 242 - VRS1 (8771)

info@visitingrehabservices.com







## SEIZURE TRAINING

This training is designed to provide caregivers and staff with strategies to better recognize and respond to seizures. Participants will be able to demonstrate a basic understanding of epilepsy and identify, recognize, and respond to different types of seizures.

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***For more information or to schedule this training,  
please contact:***

Susan Welby  
Director of Education & Volunteer Services  
[Epilepsy Foundation New England](#)  
617.506.6042  
335 Main Street  
Wilmington MA 01887

# Diabetes Training

This Training is designed to provide caregivers and staff with an overview of diabetes, types, risk factors and treatments.



***For more information or to schedule this training, please contact:***

Rev. Albert Whitaker  
Northeast Region Director Community Health Strategies  
260 Cochituate Rd. Suite 200  
Framingham, MA 01701  
617-482-4580 ext. 3469  
1-508-872-3087



## Consulting Service Offerings

**Communication** – A communication profile to include current communication modes and the potential for enhancements.

**Technology** – Identifying the current use of technology and recommending any Additional technology, for example video phones and mobile devices.

**Environment** – Assessing the need for any environmental modifications. Recommendations may include flashing fire alarms, or signaling doorbell as well as space layout to enhance visual communication.

**Clinical** – Identifying current clinical supports which may include therapist, psychiatrist, behaviorist and personal care attendants.

**Education & Training** – To provide or make connections to classes on topics such as Deaf culture, American Sign Language, interpreter use, technology and communication access.

**For more information on Deaf Outreach and Consulting, Contact:**

Matt Sweet

617-691-1500

[msweet@workinc.org](mailto:msweet@workinc.org)



VIRTUAL SESSIONS  
ADAPTIVE YOGA & MINDFULNESS SESSIONS  
& STAFF TRAINING



**OUR MANTRA**

We are committed to sharing the practice of yoga and mindfulness in an adaptive and nurturing way to improve the well-being of ALL individuals including those with developmental, emotional, and physical challenges.

**PROGRAMS**

Virtual adaptive yoga and mindfulness programs

Specialize in individuals with developmental, emotional, and physical challenges

Full and half-day yoga and mindfulness education programs for special needs educators, certified occupational therapist assistants, occupational therapists, physical therapists, parents and caregivers



[Braveyogawithlisa@gmail.com](mailto:Braveyogawithlisa@gmail.com)



508-330-1141



[www.braveyogaforall.com](http://www.braveyogaforall.com)



Facebook @braveyogaforall



Instagram braveyogaforall



# Diverse Abilities Inclusion Consulting

## DIRECT SUPPORT PROFESSIONALS & CAREGIVER INCLUSION TRAINING



### COMMUNITY INCLUSION IT TAKES A VILLAGE



MERGE provides expert guidance on Inclusion of persons with diverse abilities into community organizations and offerings

LISA DRENNAN | 781-724-1918  
lisadrennan@mergeconsulting.org  
WWW.MERGECONSULTING.ORG

### CUSTOMIZED TRAININGS TO MEET YOUR ORGANIZATIONAL NEEDS

#### *Training Options:*

**Inclusion Within Community Recreation Programs**  
*Build a team culture with recreation program providers that will result in successful participation for individuals with developmental disabilities*

**The Difference Between Caring For or Caring About**  
*Empowering differences to be a gift and opportunity*

**Mandala Mindfulness Meditative Activity**  
*An art-based activity providing participants an easy to replicate stress management tool and activity*



**Building Stronger Communities Together**

## SCOPE OF SERVICES OFFERED

Well Adapted Trainings provides human service trainings relevant to DDS Community Water Safety, E509 Nutrition Standards/QA/Cooking Classes as well as trainings promoting Staff Wellness, particularly in the areas of work related stress reduction, communication skill building among group home staff as well as effective problem solving through positive communications skills.



### DDS Community Water Safety

We provide both remote and on-site trainings to satisfy the training requirement for agencies swimming within lifeguarded locations. We also offer periodically throughout the year an in-water training for agencies swimming at non-lifeguarded locations. Remote classes are typically \$40pp while on-site trainings vary based on location traveled. Areas within the South Shore are \$40pp, directly outside the South Shore are \$50pp and Cape Cod/Boston and Western MA will not exceed \$75pp. There is a minimum of 10-15 people required for on-site trainings. The benefit to on-site trainings is you can pick a time convenient for your staff and you do not need to pay travel time to and from remote trainings. It gives you an opportunity to train everyone at once in an environment your staff are comfortable in.



### E509 Nutrition Standards

We provide trainings reinforcing Executive Order 509's nutrition requirements for DDS agencies. In addition, we provide supplemental cooking classes for support staff within the group home setting, at offsite and onsite locations as well as Quality Assurance for agencies looking to get a "Report Card" on how their group homes are doing executing this important initiative. Rates are \$100 per hour for these services with a 2 hour minimum plus travel/grocery expenses if needed.



### Staff Wellness/Communication

We recognize human services can be a challenging field for staff over time which may affect their overall health and/or service delivery. We seek to ignite and preserve the best qualities of your support staff and managers by providing them with the stress management and communication skills needed to navigate through potentially stressful situations involving those they serve, their families or the staff they serve beside. Building strong communication skills in your staff improves service delivery and preserves the efficiency of group homes by fostering a harmonious environment instead of a volatile one which can effect employee health and attendance. Rates for these trainings are \$100 per hour with a two hour minimum.



## DDS Funded IMPACT:Ability Classes

**Attention all DDS providers! The department has funded IMPACT:Ability programming for DDS service agencies in all regions.**

### *Available Programs:*

#### ***Safety and Self-Advocacy:***

The IMPACT:Ability curriculum teaches people with disabilities to recognize unsafe situations and respond with effective self-protective behaviors. Topics can include:

- Refusing unwanted help or attention from strangers
- Deflecting and escaping a bullying situation
- Assertive communication and self-advocacy
- Resisting inappropriate sexual touch from a caregiver or familiar person
- Resisting attempted sexual assault by a dating partner or peer
- Adaptive physical self-protection skills

#### ***Healthy Relationships and Sexuality:***

The Healthy Relationships and Sexuality program aims to give people with disabilities the skills and information to lead full, happy and independent lives enhanced by healthy relationships of their own choosing. These programs can be taught together or separately. Topics can include:

- Consent & appropriate touch
- Communication and decision making
- Recognizing abuse
- Social Media Safety
- Sexual Orientation & Gender Identity
- Reproductive Anatomy, pregnancy prevention & contraception
- Sexually transmitted infections & prevention

**For more information contact Mandy Cohen at:  
(781)321-3900 or [mcohen@triangle-inc.org](mailto:mcohen@triangle-inc.org)**



# MASSACHUSETTS ADVOCATES STANDING STRONG



M.A.S.S. would like to work with providers, DDS staff, family organizations, self-advocacy groups, and community groups to offer training on the following topics:

- Self Determination and Choice
- Self Advocacy- What It Is? How to Start a Local Group? Leadership!
- New Staff Orientation
- How to Be an Effective Board Member
- Design a training with you to meet your needs

M.A.S.S. is a statewide self-advocacy organization started and operated by individuals with cognitive or developmental disabilities. We work with local self-advocacy groups across the Commonwealth. We know that our voice is stronger when we work with people who have the same beliefs and values as we do.

***Our Mission: To empower self advocates through education so we make choices that improve and enrich our lives.***

Some of our work has been:

- Self Advocacy Leadership Series with MDDC taught by self advocates and their advisors
- Tools for Tomorrow Project with ARCMASS, Families Organizing for Change, and MDDC to help people achieve their hopes and dreams. Access Living of Chicago to teach self advocates about housing options
- The Bridges Project with DMR, Central Mass Self Advocacy Workteam, and Worcester ARC to support people moving out of nursing homes
- Active participants on the federally funded Real Choices Project

**Visit our website to find more information and contact us:**

<https://www.wearemass.org>

***“Nothing about us without us.”***



*Do you sometimes think that no one understands what you are feeling?*

*Do you wonder if you're the only one who has these feelings?*

*Do you wish you had some friends who felt the same way that you do?*

*Think about joining the*  
**Rainbow Support Group of Massachusetts!**

The Rainbow Support Group provides support and information to individuals with intellectual challenges who are gay, lesbian, bisexual, transgendered, cross-dressers or are questioning their sexuality. Meetings give you the chance to talk about your sexual interests with other people who are trying to be comfortable and happy about their sexuality.

We are now in the process of starting groups in all five regions of the self advocacy organization, Massachusetts Advocates Standing Strong.

Contact us to learn more and find out if there is a Rainbow Support Group in your area. Agencies can contact us if you are interested in sponsoring a Rainbow Support Group.

For additional information - Please call Pauline Bosma – Program Coordinator at 508-944-5797 or e-mail her at [pauline@wearemass.org](mailto:pauline@wearemass.org) or e-mail Oscar Hughes at [Oscar.hughes@wearemass.org](mailto:Oscar.hughes@wearemass.org).

Additionally, you can visit <https://www.wearemass.org/rainbow-group>.

### **Training Opportunities Also Available!**

Pauline and Oscar are available to deliver a variety of workshops and trainings to agencies and organizations on topics related to supporting LGBTQ+ people with I/DD and promoting sexuality education that is inclusive to LGBTQ+ and I/DD communities.

Please reach out to Oscar at [oscar.hughes@wearemass.org](mailto:oscar.hughes@wearemass.org) if you would like more information about hiring Pauline and Oscar for a training.

# Vision Loss Support Groups

## Caregiver Support Group

- Virtual monthly meetings will be hosted (via phone or online) where caregivers, staff and team members can learn, ask questions and share ideas.
- Discussion topic will change monthly.

**Interested to join a Caregiver Support Group?** Please visit the website below for more information.

<https://www.focusonvisionandvisionloss.org/vision-loss-support-groups.html>

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## Support Group For Individuals with Vision Loss

- **Allston, MA** - DDS/VI SUPPORT GROUP: *Always Exploring, Never Lost...*  
Last Saturday of every month, except for holiday weekends.  
10am to 11:30am  
MABHab  
29 Denby Rd.  
Allston, MA, 02134
- **Southeastern, MA** - Groups meet virtually twice monthly. Please contact Lisa DiBonaventura at [Lisa.DiBonaventura@mass.gov](mailto:Lisa.DiBonaventura@mass.gov) for more information.

Visit <https://www.focusonvisionandvisionloss.org/vision-loss-support-groups.html> for more information on these support groups.

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## Online/Phone Support Groups

**Hadley Discussion Groups** - Free of charge; open to all. Connect with others who share your passion! Several different options to choose from each month.

Visit <https://hadley.edu/discussions/> for more information.

## What is the Participant-Directed Program Model?

The Participant Directed Program (PDP) offers the most flexibility to arrange and customize supports based on the individual's needs and preferences. The individual can hire their own support staff and make other decisions about how to use their DDS funded allocation.

### **In the Participant Directed model:**

The person self-directing makes his or her own decisions, determines how their DDS funding is spent for services, supports and goods (within DDS guidelines), and takes responsibility for the decisions he or she makes.

A fiscal intermediary (FI) serves as the agent for individuals and families and is responsible for all payments. The FI pays for support staff, and other goods and services in accordance with the participants' budget. The FI provides financial monitoring and reporting and ensures compliance with all applicable federal and state laws, DDS and other state agency regulations, and with other DDS requirements.

A Support Broker, typically a DDS Service Coordinator, helps the person define his or her needs and dreams through a person centered planning process that leads to an Individual Service Plan (ISP). The Support Broker helps the individual create and manage a budget within the allocated resources, and develop a network of services/supports.

## Participant-Directed Model? (continued)

The Support Broker also acts on behalf of the individual to arrange for needed services, provides information on resources supports the individual in evaluating the effectiveness of supports.

The Individual Budget is a mechanism that enables a participant to direct and manage the delivery of services he or she chooses to use.

By utilizing the budget an individual has:

- control of a specific amount of funds and
- the responsibility and freedom to purchase supports, goods and services from a variety of sources.

DDS completes the process to qualify staff hired by the individual. All staff employed in this model must:

1. be at least 18 years old
2. have a CORI (Criminal Offender Record Information)
3. have a high school diploma or GED Certificate

Your Area Office can provide you with additional information about these service model options. Also, see the DDS website at: [www.mass.gov/dds](http://www.mass.gov/dds).

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## Choosing Which Service Method is Best for You



### The Commonwealth of Massachusetts

Executive Office of  
Health and Human Services

Department of  
Developmental Services

## Types of Service Delivery Models

DDS offers three models of service delivery that allow people receiving services to have choices about how their services are provided.

DDS has developed service delivery options that offer people more decision making and control regarding what services they need (and don't need) and how the services can be provided to best help them.

- The Traditional Model
- The Agency with Choice Model
- The Participant Directed Model



## What is the Traditional Model?

The Traditional Model is the most commonly used model in Massachusetts. In this model:



### In this model:

The provider agency (qualified and licensed) contracts directly with DDS to deliver a specific range of supports (e.g. shared-living, community residences, independent supports, employment and day programs, family support) to the individual.

The agency has full authority and responsibility for hiring, training, supervising and paying employees.

The individuals, their families and service teams develop Individual Service Plans (ISP) and provide input on other day to day decisions.

The provider agency has the responsibility for managing all aspects of the budget so that the services and ISP are provided according to applicable federal and state laws, DDS and other state regulations, as well as other DDS requirements.

## What is the Agency with Choice Model?

The Agency with Choice model allows individuals and families to choose and supervise their staff and to purchase goods and services, without having to be responsible for regulatory, accounting, legal and technical duties associated with being an employer and purchaser.

### In this model:

The individual/family AND the provider agency are responsible for hiring the staff, for all duties of an employer, and for appropriate purchasing of all other goods and services. The provider manages certain aspects of the budget to ensure compliance with applicable federal and state laws, DDS and other state agency regulations, and other DDS requirements.

The individual/family selects the employees made available through the agency, sets work hours and tasks to be performed, provides daily supervision and management of employees, and determines when that staff person is no longer needed.

The agency and individual/family share in training and evaluating employees.

# **REPORT SUSPECTED ABUSE OF PERSONS WITH DISABILITIES**



**24 hours - 7 days a week, including holidays**



*The Commonwealth of Massachusetts*  
**Disabled Persons Protection Commission**  
**(DPPC)**

**300 Granite Street, Suite 404, Braintree, MA 02184**

**Office Hours: 9:00 AM - 5:00 PM Monday - Friday**

**Phone: (617) 727-6465, (888) 822-0350 V/TTY FAX: (617) 727-6469**

**HOTLINE (800) 426-9009**

**WEBSITE: <http://www.mass.gov/dppc/>**



## Disabled Persons Protection Commission (DPPC)

### *Virtual Mandated Reporter Trainings*

DPPC offers monthly, mandated reporter trainings at the DPPC office in Braintree, Massachusetts (*Currently being offered virtually due to COVID-19 restrictions*). This training will provide mandated reporting professionals with information on recognizing, reporting and responding to abuse of persons with disabilities. **All interested participants are required to register.** Each scheduled training has a capacity of 25 people. Participation in preferred training will be on a first register, first come basis. Trainings are free of charge.

**Where: Currently all trainings are held virtually**

Disabled Persons Protection Commission  
300 Granite Street  
Suite 404  
Braintree, MA 02184

**When: Thursdays, 1pm – 2:30pm**

At time of registration, choose ONE date and ONE time preference

**To register, please click on the following link to complete and submit form.**

<https://www.eventbrite.com/e/virtual-dppc-mandated-reporting-training-100pm-230pm-et-tickets-53441422734>

**For more information, please contact Jennefer Raymond, DPPC Training Specialist, at:**

[Jennefer.Raymond@state.ma.us](mailto:Jennefer.Raymond@state.ma.us)



## Sexual Assault Response Unit (SARU)

*Information, Support and Resources for Persons with Disabilities*

### Empowering and Inspiring Recovery



The Sexual Assault Response Unit (SARU), within the Disabled Persons Protection Commission, provides sexual assault survivors with peer support, information and resources. We work with individuals with disabilities, families and care-providers. All

our services are free, confidential and mobile. If you can't come to us, we will come to visit you.

### The SARU offers:

- Free and confidential sexual assault information
- Peer support
- Assistance in accessing trauma services

### SARU navigators help survivors with disabilities to access sexual assault services, such as:

- Medical care
- Legal help
- Financial assistance
- Counseling



SARU staff also help friends, family and staff, that support the survivor, to access support services. The SARU also provides technical assistance and case consultation to professionals throughout the state.

**To contact the SARU during regular business hours, please call:  
617-727-6465 x301**



**To report suspected abuse or neglect against a person with a disability, please call the Disabled Persons Protection Commission 24-Hour Hotline at 1-800-426-9009 (TTY: 1-888-822-0350)**





# **DLC** Disability Law Center, Inc.



## **A private, non-profit public interest law firm**

Disability Law Center provides legal advocacy on disability issues that promote the rights of people with disabilities to participate fully and equally in the social and economic life of Massachusetts

Our office is accessible and is open Monday through Friday, 9 A.M. to 5 P.M.

DLC can make arrangements for sign language and foreign language interpreters or other accommodations that you may need.

For More Information:

<http://dlc-ma.org>

1-800-872-9992 voice

1-800-381-0577 TTY

# Family Support Centers

Family Support Centers across the state, funded by the Department of Developmental Services (DDS), provide information, assistance, and a variety of supportive services to families with children and adults with intellectual and developmental disabilities who are living at home. These services include:

- Providing information and assistance in obtaining a wide array of services including but not limited to:
  - Social and recreational opportunities
  - Support groups for parents, siblings and family members
  - Resources in the community
  - Public benefits
- Hosting trainings or providing information on topics such as:
  - Guardianship/Trusts
  - Planning for the Future
  - Social Skills
  - Human Relationships
  - Specific disabilities and/or conditions
- Offering opportunities for families to meet through networking and organized social and community activities

Families who are eligible for services from DDS are encouraged to contact one of the Family Support Centers near them.

***The Family Support Centers in the Southeast Region are included here.***

A directory with the contact information for all Statewide Centers is available on the DDS web-site at [www.mass.gov/dds](http://www.mass.gov/dds).



# FAMILY SUPPORT CENTERS

## SOUTHEAST REGION

Funded by the Department of Developmental Services

### Brockton Area

#### **Brockton Area Arc**

Center Name: Brockton Area Arc  
Address: 1250 West Chestnut Street, Brockton, MA 02301  
Phone: (508) 583-8030 x224  
Contact: Nelson Cordeiro  
Email: [ncordeiro@brocktonarc.net](mailto:ncordeiro@brocktonarc.net)  
Website: [www.brocktonareaarc.org](http://www.brocktonareaarc.org)

### Cape Cod and the Islands Area

#### **Kennedy-Donovan Center**

Center Name: Kennedy-Donovan Center  
Address: 32 Commercial Street, South Yarmouth, MA 02664  
Phone: (508) 38506019  
Contact: Nicole Pereira  
Email: [npereira@kdc.org](mailto:npereira@kdc.org)  
Website: [www.kdc.org](http://www.kdc.org)

#### **Martha's Vineyard Community Services**

Center Name: Martha's Vineyard Community Services  
Address: 111 Edgartown Road, Vineyard Haven, MA 02568  
Phone: (508) 693-7900  
Contact: Kathi Hackett, x 249  
Email: [KHackett@mvcommunityservices.com](mailto:KHackett@mvcommunityservices.com)  
Website: [www.mvcommunityservices.com](http://www.mvcommunityservices.com)

### Fall River Area

#### **People Inc.**

Center Name: Family Support Center  
Address: 4 South Main Street, Fall River, MA 02721  
Phone: (508) 679-5233  
Contact: Joy Harrington (774) 627-2532  
Email: [jharrington@peopleinc-fr.org](mailto:jharrington@peopleinc-fr.org)  
Website: [www.peopleinc-fr.org](http://www.peopleinc-fr.org)

### New Bedford Area

#### **Better Community Living**

Center Name: Family Support Center  
Address: 5 Ventura Drive, Dartmouth, MA 02747  
Phone: (508) 999-4300, x 155  
Contact: Cathy Tremblay  
Email: [cathy\\_tremblay@bettercommunity.com](mailto:cathy_tremblay@bettercommunity.com)

Updated 9/2021

Website: [www.bettercommunity.com](http://www.bettercommunity.com)

## FAMILY SUPPORT CENTERS Continued

### Plymouth Area

#### **Plymouth County Family Support Inc.**

Center Name: Family Support Center  
Address: 118 Long Pond Road #100, Plymouth, MA 02360  
Phone: (774) 719-3686  
Contact: Jessica Gonsalves  
Email: [jessicag@pcfamilysupport.org](mailto:jessicag@pcfamilysupport.org)  
Website: [www.pcfamilysupport.org](http://www.pcfamilysupport.org)

### South Coastal Area

#### **Advocates**

Center Name: South Coastal Family Support Center  
Address: 1189 R North Main Street, Randolph, MA 02368  
Phone: (781) 767-3048  
Contact: Alicia Cannon  
Email: [acannon@advocates.org](mailto:acannon@advocates.org)  
Contact: Fatima Baptista  
Email: [fbaptist@advocates.org](mailto:fbaptist@advocates.org)  
Website: <http://southcoastalfamilysupport.org/>

#### **South Shore Support Services**

Center Name: South Shore Support Services  
Address: 317 Libbey Industrial Parkway-Unit B300, PO Box 8900126  
Weymouth, MA 02189  
Phone: (781) 331-7878  
Contact: Renee McCorkle, x 19  
Email: [rmccorkle@southshoresupportservices.org](mailto:rmccorkle@southshoresupportservices.org)  
Website: [www.southshoresupportservices.com](http://www.southshoresupportservices.com)

### Taunton/Attleboro Area

#### **The Arc of Bristol County**

Center Name: The Arc of Bristol County Family Support Center  
Address: 141 Park Street, Attleboro, MA 02703  
Phone: (508) 226-1445  
Contact: Kelly Ledoux  
Email: [kledoux@arcnbc.org](mailto:kledoux@arcnbc.org)  
Website: [www.arcnbc.org](http://www.arcnbc.org)

Updated 9/2021

## Autism Support Center Southeast Region

### Community Autism Resources (services for children)

**Swansea Site:**  
Address: 33 James Reynolds Road, Unit C, Swansea, MA 02777  
Phone: (508) 379-0371 / (800) 588-9239

**Bridgewater Site:**  
Address: 120 Main Street, 2<sup>nd</sup> Floor, Bridgewater, MA 023244  
Phone: (508) 807-4930  
Contact: Barbara Domingue  
Email: [Barbaradomingue@community-autism-resources.com](mailto:Barbaradomingue@community-autism-resources.com)  
Contact: Patricia Leonard-Toomey  
Email: [patriciatoomey@community-autism-resources.com](mailto:patriciatoomey@community-autism-resources.com)  
Website: [www.community-autism-resources.org](http://www.community-autism-resources.org) or  
[www.community-autism-resources.com](http://www.community-autism-resources.com)

## Medically Complex Program Southeast Region

### The Nemasket Group

Program Name: Southeast Medically Complex Program  
Address: 109 Fairhaven Road, Mattapoisett, MA 02739  
Contact: Sandra Heller  
Phone: (508) 999-4436  
Email: [sandykinney@nemasketgroup.org](mailto:sandykinney@nemasketgroup.org)  
Website: [www.nemasketgroup.org](http://www.nemasketgroup.org)

## Family Leadership Program Southeast Region

### MassFamilies

Contact: Kathleen Amaral, Regional Coordinator - Southeast  
Phone: (508) 207-3015  
Email: [kathleen@massfamilies.org](mailto:kathleen@massfamilies.org)  
Website: [www.massfamilies.org](http://www.massfamilies.org)

Information about the Family Leadership Series, including dates and registration information, can also be found at <http://www.mfofc.org/events/leadership-series.html>.  
Phone: 774-855-6001; Email: [hello@massfamilies.org](mailto:hello@massfamilies.org)



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## **The South Shore Community Partners in Prevention (SSCPP), Community Health Network Area (CHNA 23)**

represent a partnership between the Massachusetts Department of Public Health, hospitals, service agencies, schools, businesses, boards of health, residents, and other concerned citizens in the 11 towns we serve (Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton and Rockland). We work to identify the health needs of the local communities we serve, find ways to address those needs, and improve the community's health.

**For more information, visit: <https://chna23.org/>**